

Christmas-at-Sea

A Holiday Initiative of



Seafarers International House

Seafarers International House's Mariner's Cowl (Knit Pattern)

Seafarers International House gives special thanks to the handcraft group and Aida Hartmann at St. John's Lutheran Church, Poughkeepsie, for their help in clarifying this pattern.



This cowl can be worked flat or in the round, depending on your preference. It is worked in stockinette, with ribbed edges at both the top and bottom edges. When worked flat, you sewn the sides together, creating a tube.

MATERIALS

#4/Worsted Weight (or any other yarn). A washable, 100% wool yarn is recommended. However, a wool blend may be substituted. #6 needle suggested.

Options:

- Include any color work, as you desire
- If you choose to do so, the Cowl may be knitted in its entirety in 2x2 ribbing

Set-up Row: (knitting flat) Using long tail cast-on, cast on 84 stitches, Slip stitching the first stitch, knit one row, turn work

Slip beginning stitch of each row purl-wise: Row 1: *K2, P2* repeat to end Row 2: Knit the Knit stitches, Purl the Purl stitches Repeat rows 1 & 2 for 2 inches

Body: begin stockinet stitch pattern. Slip first stitch in each row

- Row 1: Knit across to end, turn work

- Row 2: Purl across to end, turn work

Repeat these two rows until you've worked 6.5"

Finishing: begin ribbing

Row 1: *K2, P2* repeat to end

Row 2: *Knit the Knit stitches, Purl the Purl stitches.

Repeat rows 1 & 2 for 2 inches

Knit one row to end,
turn and bind off loosely.

Measure out about two to three times the width of the cowl, cut and fasten off leaving a long tail for weaving.

Thread tapestry needle and sew using mattress stitch or grafting stitch to the end.

Secure and then weave in any ends.

Finished size: about 9.5" wide and 10.5" long.

(Extra length allows sailor to cover mouth/nose if needed.)

For additional information visit the web page:

<https://www.sihnyc.org/christmas-at-sea>